

LGBTQ+ FRIENDLY PLACES

◆ CLUB HAH POZNAŃ, Mate Garbary 6

The final of this year's Mr Bear Europe contest will be held in its vast underground. HAH Club is also a popular party venue for the Polish bear community.

NOWE LOKUM STONEWALL (OFF THE MAP), Fredry 7

The official club and drink bar of the Grupa Stonewall association. Here you can not only spend time with friends, but also take part in numerous activities organized by Stonewall. Nowe Lokum Stonewall is just a 20-minute walk from HAH Poznań.

◆ Q HAH COCKTAIL BAR, Półwiejska 28

A pub perfect for going out with friends for a drink or a beer, located just a few minutes walk from the Old Market Square and about 20 minutes walk from the HAH club.

◆ HAH CAFE, Mate Garbary 6

Cocktail bar located right next to the entrance to the HAH club. A good place for a few drinks with friends before the main party.

◆ REFFORM FETISH STORE, Szkolna 17

An erotic store where you can buy everything that will make your sex games more enjoyable and spicy.

AMIGO SAUNA CLUB (OFF THE MAP), Osiedle Lecha 120

Gay sauna, whose beginnings date back to 1995. Here you can relax in a dry and wet sauna, massage rooms, cabins and a bar.

WHAT IS WORTH VISITING AND SEEING?

OLD TOWN AND OLD MARKET

Colourful tenement houses, numerous cafes, restaurants and above all the majestic Town Hall, where every day at 12:00 you can admire the goats - the symbol of the city. Walking around the market, you will feel the atmosphere of bygone eras!

OSTRÓW TUMSKI

This is a place of special historical importance. This is where the oldest cathedral in Poland is located, the Cathedral of the Holy Apostles Peter and Paul, which houses the Golden Chapel - the resting place of the first rulers of Poland. The view of the Warta River adds additional charm to this place.

POZNAŃ CROISSANT MUSEUM, Stary Rynek 41

You cannot visit Poznań and not try the famous St. Martin's croissants! In the Poznań Croissant Museum you will learn everything about the history and production of this delicacy. The museum offers interactive shows during which you can try your hand at baking croissants yourself.

Be sure to try the St. Martin's Croissant, stuffed with white poppy seeds. This is a traditional pastry made in the past to celebrate St. Martin's Day.

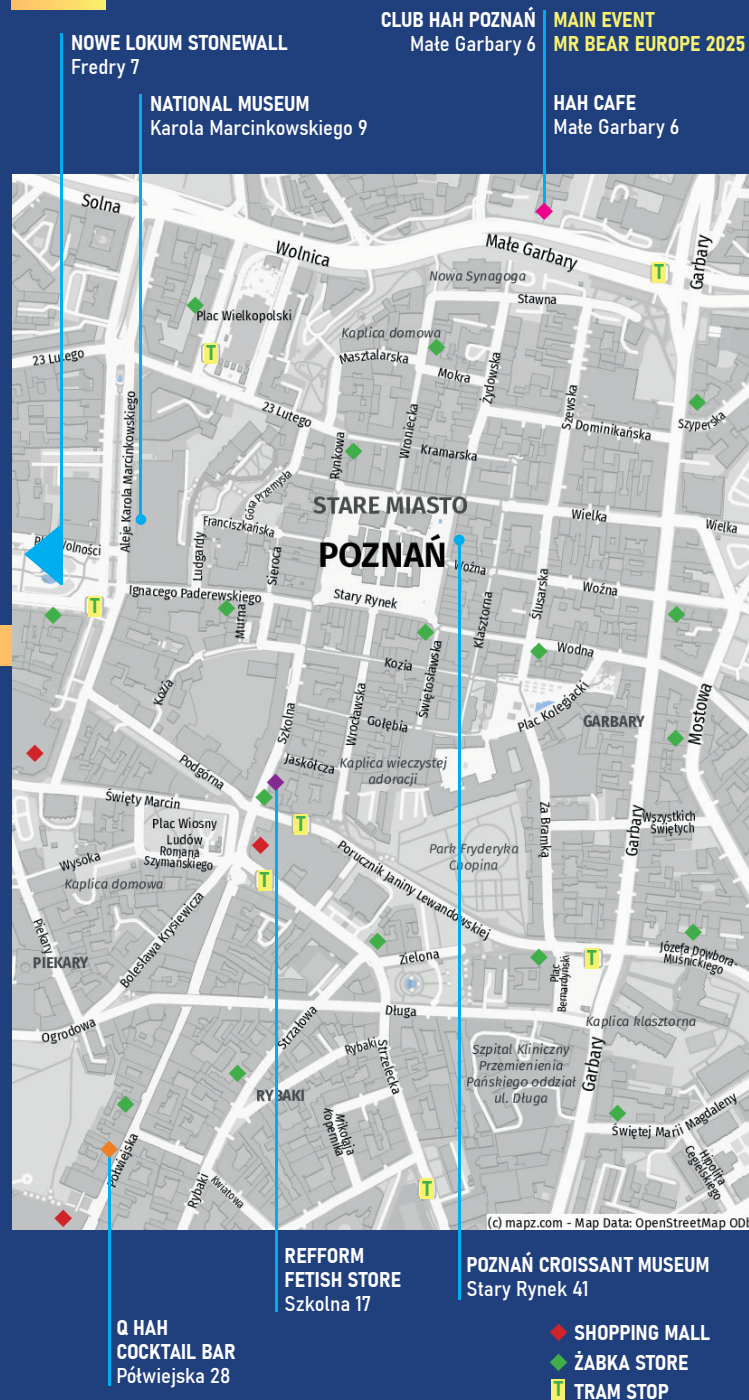
NATIONAL MUSEUM, Karola Marcinkowskiego 9

For art lovers, the National Museum in Poznań is a must-see. It houses rich collections of Polish and European paintings.

POZNAŃ PALM HOUSE, Matejki 18

The largest palm house in Poland, in 10 pavilions you will find nearly 17,000 plants from around 1,100 species, thanks to which you will learn about plants from literally all over the world!

MAP - SURROUNDINGS OF THE OLD TOWN



MR BEAR EUROPE 2025 election

11-13/07/25 | Poznań, POLAND



GUIDE FOR EVENT GUESTS

We invite you to Poznań, where this year's edition of the Mr Bear Europe contest will take place on July 11-13, 2025. During the weekend, many attractions await you and you will have the opportunity to discover what Poznań has to offer in the summer. This is a great opportunity to integrate the bears community, have fun together and make new friends. See you!

HOW TO GET TO POZNAŃ

Poznań is one of the five largest cities in Poland and is very well connected to other cities in Poland and Europe. It is a dynamic academic, business and investment center. You can get here by all popular means of transport.



BY PLANE

Poznań has its own international airport - **Poznań-Ławica (POZ)**. Other airports, from which you can reach it by train or coach, are located in Wrocław (WRO), Bydgoszcz (BZG), Łódź (LCJ) and Warsaw - Chopin (WAW).



BY TRAIN

Poznań Główny railway station can be reached by PKP Intercity trains. Tickets can be purchased online at intercity.pl, in person at the train station (e.g. Warszawa Centralna), and in mobile applications (e.g. KOLEO, PKP Intercity).



BY COACH

The most popular intercity and international bus to Poznań is **FlixBus**. Tickets are competitively priced, but the journey takes longer than the train.



BY CAR

Of course, you can also get to Poznań by car - the city is located on the **A2 motorway** on the Warsaw-Berlin route.

Pay attention to the parking zone in the city - depending on the location, a different price list applies. In the strict city center, you can also pay for parking on Saturdays. The price list is available on the website of the Municipal Roads Authority: zdm.poznan.pl/parkowanie-zdm.

GETTING AROUND THE CITY

Poznań has a developed public transport system, including buses and trams.



PUBLIC TRANSPORT

Daytime trams are numbered from 1 to 18, while buses are numbered above 100. Night tram and bus lines are numbered starting from 201. Suburban lines are numbered from 300 to 900. For more info visit website: www.ztm.poznan.pl.

At bus and tram stops you will find timetables with a list of stops and an estimated travel time.

TICKETS

You can use single-ride time tickets (15, 45 or 90 minutes) and 24-hour tickets.



You can buy paper tickets at ticket machines or ticket sales points. You must validate the paper ticket in the validator in the vehicle immediately after starting your journey.



You can also use electronic tickets - you can buy them in one of many applications, e.g. moBILET, SkyCash, GoPay, JakDojade. Note: the ticket is activated at the time of purchase, so buy it just before getting on the vehicle.



Tickets purchased in a vehicle using contactless payment - if you have a debit or credit card that supports contactless payments (or you use NFC payments on your smartphone), you can also buy a ticket directly at the terminal on the bus or tram. This should be done immediately after starting your journey. Such a ticket is virtual.



TAXIS AND UBER, BOLT & FREENOW

In addition to taxis available at taxi ranks, you can use popular passenger transport applications such as Uber, Bolt, FreeNow. Rides in them are usually cheaper than taxis.



OR MAYBE A SHORT WALK?

In Poznań, as in the whole of Poland, the streets are very safe. Did you know that Poland is in the top five safest countries in Europe? So if you feel like it, you can move around on foot.



TRAVEL PLANNING

To plan your journey, you can use applications available on your smartphone - Google Maps or the Polish application JakDojade (you can also buy tickets there).

DO YOU SPEAK POLISH?

In Poznań, as in most of the largest cities in Poland, many people speak English at a level that allows for basic communication. Knowledge of English is quite common, especially among the younger generation.

Many restaurants, pubs and cafes have English menus (often in other languages as well), and the staff is able to communicate in English with customers.

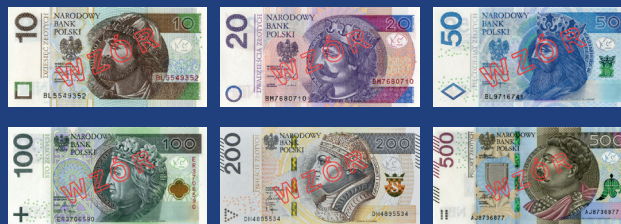
PAYMENTS

The currency in Poland is the Polish Zloty (PLN or zł). Currently, 1 EURO is approx. 4.2 PLN, and 1 USD is approx. 3.9 PLN.



CASH

Banknotes in circulation are in denominations of 10, 20, 50, 100, 200 and 500 PLN. These are banknotes introduced into circulation after 1 January 1995. Older banknotes have collector's value! Coins in denominations of 1, 2, 5, 10, 20 and 50 GR, as well as 1, 2 and 5 PLN. 1 PLN consists of 100 GR.



The popularity of card payments means that some stores may have trouble giving change due to a lack of 1, 2 and 5 GR coins.



CURRENCY EXCHANGE

The safest way to exchange currency is at currency exchange points marked EXCHANGE or KANTOR. Please note that in popular tourist destinations the exchange rate may be less favourable. Some banks also offer currency exchange - but not all. The exchange rate at banks may be less favourable than at currency exchange points.



ATMS

You can also withdraw cash at ATMs, which are usually found in bank branches, shopping centres, train stations, but also in popular tourist destinations. Please note that cash withdrawals may incur a fee (depending on the ATM operator and your bank's fees).



CARD PAYMENTS

Payments by debit or credit card are very popular in Poland. Most shops, restaurants and clubs accept this form of payment. The possibility of card payments is usually indicated on stickers at the door, although some sellers treat it as obvious and do not provide such information.

ACCOMMODATION

LOCATION

We recommend making reservations in properties located a short distance from the Old Town and the HAH Poznań club, where the Mr Bear Europe 2025 final will be held. This will allow you to move around the city on foot.

SECURITY

As we have already mentioned, Poznań is a safe city and Poland is a safe country. Nevertheless, it is worth knowing a few additional tips to increase safety.



DON'T CARRY TOO MUCH CASH

Pickpockets are rampant in popular tourist destinations all over the world. You can also simply lose your wallet. So why tempt fate?



DON'T LEAVE VALUABLE ITEMS IN YOUR CAR

It is wiser not to leave valuables (e.g. laptop, smartphone, camera) in a visible place in your car, as they can be stolen.



DON'T CONSUME ALCOHOL IN PUBLIC PLACES

Polish regulations prohibit the consumption of alcohol in public places (streets, parks, squares) except in designated areas, such as pub or restaurant gardens. Violating this ban may result in a fine of PLN 100.



SMOKING MARIJUANA IS PROHIBITED

The current regulations regarding possession of marijuana in Poland are very strict. Possession and use of marijuana are prohibited.



PASSPORT, ID CARD

According to Polish law, there is no obligation to carry a document confirming your identity, so you cannot be punished for not having one. Nevertheless, it is worth having an identity card or passport in case of a routine check by the police or municipal guard.



EMERGENCY NUMBER 112

If you need to call for help, it is best to call the emergency number 112. The dispatchers operating it are required to be able to communicate in at least one foreign language.

SHOPPING

Most stores are open from Monday to Friday and on Saturdays (sometimes with reduced hours).



ŻABKA

ŻABKA stores are the Polish equivalent of the 7-Eleven chain, offering a wide selection of convenience products. You will find these stores in many places, some of them are also open on Sundays. ŻABKA is usually open from 6:00 to 23:00.



NIGHT BAN ON ALCOHOL SALE

By decision of Poznań city councilors, a night ban on the sale of alcohol intended for off-site consumption is in force in many districts. This means that after 22:00 you will not be able to buy, for example, beer or wine in a store, but you will be able to have a drink in a club or a beer in a pub.